

BISHOP GEORGE AHR HIGH SCHOOL
ONE TINGLEY LANE • EDISON, NJ 08820

Office of the Athletic Director

Mr. Michael Wolfthal

June 18, 2018

Dear BGA Student,

I would like to wish you a happy and fun filled summer. I would also like to invite you to get involved in our summer and fall activities.

Football: Tuesday and Wednesday from 5:00 – 8:00 beginning June 18. For more information contact Coach Vigilante at: jvigilante@bgahs.org

Girls Cross Country: Please contact Coach Miller at: tmiller@bgahs.org

Girls Soccer: Tuesday and Friday from 8-10 am beginning July 11. For further information contact Coach Roche at mroche@bgahs.org

Volleyball: See the attached newsletter, for further information please contact Coach J at ajaronczyk@bgahs.org or arlobean@aol.com

Boys Soccer: Practices will begin on July 6 from 5:30-7:00, practices will be Monday, Wednesday and Friday. Any questions contact coach Lacson at: jlacson@bgahs.org

Boys Cross Country: Formal practice will begin on August 13 from 6:15-7:45. Questions please email Coach Runkel at SRunkel@bgahs.org.

Gymnastics: Any questions contact Coach Miller at amiller@bgahs.org

Tennis – Practice will begin on Monday August 14 from 9-11 at the Oak Tree Rd. Tennis Courts. Any questions please contact Coach Mohrmann at amohrmann@bgahs.org

Boys Basketball: Please attached calander, for additional information contact Coach Turco at: Rturco@bgahs.org

Girls Basketball: Please contact Coach Griffin at bgriffin@bgahs.org

For Cheerleading information please contact Coach Mueller @ jmueller@bgahs.org. There will be a tryout for incoming freshmen and girls who missed the June tryout.

All athletes must submit a school permission slip and physical before they can practice, these forms must be downloaded from the Bishop Ahr website @ www.bgahs.org, Athletic Department Requirements and download all forms. All forms must be submitted by August 1, 2018. ***You must include the PAC Raffle Refund check for \$100 with your paperwork.*** All new athletes must have impact testing prior to the start of practice, refer to the school web site for dates and times. In addition all Freshmen and Juniors must be tested.

IF YOU HAVE ANY QUESTIONS, CALL ME AT 732-549-1108 EXT. 606, or email to: mwolfthal@bgahs.org.

Thank you,

Mr. Wolfthal, Athletic Director
Bishop Ahr H.S.
1 Tingley Lane
Edison, NJ 08820



Michael Wolfthal <mwolfthal@bgahs.org>

Bishop George Ahr High School Volleyball Camp & message from the Head Coach

1 message

arlobean@aol.com <arlobean@aol.com>

Sun, May 6, 2018 at 10:36 AM

To: arlyncov@hotmail.com, mcovington1881@yahoo.com, edkibalo@gmail.com, jenncasio@icloud.com, cprati2@comcast.net, sgleason@deloitte.com, twgleason71@hotmail.com, leah1649@hotmail.com, rchirico@panynj.gov, ruffian0006@msn.com, juliegina08@hotmail.com, gardagirl@yahoo.com, annaliese2004@aol.com, jojen@comcast.net, julietbmansour@hotmail.com, debjfred@aol.com, dancerkll@gmail.com, rich.costeira@gmail.com, nina.hilyard@dell.com, srenshaw95@gmail.com

Cc: mwolfthal@bgahs.org, lpagano@bgahs.org

* Welcome to Bishop George Ahr,

My name is Arlene Jaronczyk and I am the Head Volleyball Coach at BGA, if you are receiving this email it is because your daughter showed interest in playing competitive volleyball. A good way to start is to go to the camp (camp brochure attached), it will give one and up edge on the competition. Newsletter with information on when tryouts start will be sent shortly or you can check out the BGA website. Tryouts are in the middle of August for three days, right after the team is set and we go right into learning/playing the game (high school volleyball very different from gym volleyball) and into scrimmages with other schools.

Volleyball camp at Bishop Ahr High School.

Team Camp: July 9 - July 13

Session 1 (Girls entering grades 6, 7, 8, 9) 9:00 am -12:00 pm

Session 2 (Girls entering grades 10, 11, 12) 1:00 pm - 4:00 pm

Special note: *If you are new to volleyball, never played the game or know little of the game, go to the AM session. This will teach you the game . At camp we always get a few sophmore's and Juniors attending the AM session.*

We look forward to having your daughter learn the wonderful game of volleyball. I have terrific coaches who not only work in groups with the girls, but one on one. The coaches at camp are collegiate coaches as well as students who play in college/played in college.

Let me know if you have any questions and have a great day.

Arlene Jaronczyk
Volleyball Head Coach
Bishop George Ahr HS

2 attachments



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 2018 BGA volleyball camp brochure.doc
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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11 Practice 10-12/1-3 (EB) 1130-130 (All) @East Bruns 6&8pm	12 Practice 3-5 (EB) @East Bruns 7&8pm	13 Practice 3-5 (EB) @East Bruns 6&8pm	14 Practice 3-5 (EB) @East Bruns 7&8pm	15 Practice 9-11 (All) 11-2 (EB)	16 OFF	17 OFF
18 Practice 6-8:30 (All)	19 Practice 6-8:30 (All)	20 Practice 6-8:30 (All)	21 Practice 6-8:30 (All)	22 Practice TBA (PTC) Princeton Team Camp	23 Princeton Team Camp	24 Princeton Team Camp
25 Practice 6-8:30 (All)	26 Monmouth Team Camp	27 Practice 6-8:30 (All)	28 Monmouth Team Camp	29 East Strouds Team Camp ??	30 Elite Team Camp @Hoop Group	1 OFF
2 OFF	3 OFF	4 OFF	5 OFF	6 OFF	7 OFF	8 OFF
9 Practice TBA	10 Shooting/ Skill Work TBA	11 Practice TBA	12 Shooting/ Skill Work TBA	13 OFF	14 OFF	15 OFF
16 Kiddie Camp 9-3 Shooting/ Skill Work 3-5	17 Kiddie Camp 9-3 OFF	18 Kiddie Camp 9-3 Practice 3-5	19 Kiddie Camp 9-3 Shooting/ Skill Work 3-5	20 Kiddie Camp 9-3 OFF	21 OFF	22 OFF
23 OFF Gym Closed	24 OFF Gym Closed	25 OFF Gym Closed	26 OFF Gym Closed	27 Albright Team Camp Overnight	28 Albright Team Camp Overnight	29 Albright Team Camp

2018 Summer Schedule

Coach Turco's Contact Info:

Cell: 609-578-0189

Email: RTurco@bgahs.org



**BISHOP
GEORGE
AHR**

BGA Gymnastics August Schedule

August 13th 8 - 10:30 am
August 14th 8 - 10:30 am
August 15th 8 - 10:30 am
August 17th 4:30 - 6:30 pm
August 18th 8:30 - 11:30 am
August 19th 11:00 - 1:00
August 20th 8 - 10:30 am
August 21st 8 - 10:30 am
August 22nd 8 - 10:30 am
August 24th 4:30 - 6:30 pm
August 25th 8:30 - 11:30 am
August 27th 8 - 10:30 am
August 28th 8 - 10:30 am
August 29th 8 - 10:30 am
August 30th 8 - 10:30 am

Mr. Brant Lutska
New Jersey
State Administrative Committee Chairman